

St. Thomas the Apostle

My Confirmation Patron Saint Worksheet

Candidate Printed Name: _____

Candidate Printed Patron Saint Name: _____

Please include in this Research paper:

- Details of the Saint's Life
- The Saint's virtues and qualities
- Personal reflections about the Saint and his or her life
- The resources that you used in your research

Reminder: Your name is a powerful symbol of you and who you are! At Confirmation the Bishop/Priest addresses you by name to show how very important you are and that the Gift of Faith is offered to you as an individual.

In the early Church, many adults had names of pagan origin and one of the ways of distancing themselves from their former way of life was to choose a new name at their Christian Baptism. This new name was intended to express the ideals and the virtue that the newly baptized person would strive to live.

You may choose to keep your baptismal name as Confirmation is that final sacrament of initiation, sealing what was spoken at your Baptism by your parents and godparents. Or, you may choose a new name and honor another Saint. In either case, the name that you choose should be VERY important to you AND you should take special care and discernment when making your choice!

My Saint's Statistical History:

Saint's Name: _____

Saint's Date of Birth: _____ Place of Birth: _____

Saint's Date of Death: _____ Place of Death: _____

Date of Saint's Canonization: _____

Patron Saint of: _____

Research and Reflection:

This Saint is Special to me because:

The reason that I chose this Saint as my Patron Saint is:

Two Virtues or Saintly Qualities that my Patron saint is known for are:

Give at least two specific examples from your research on your Saint’s life that indicates how he or she emulated Jesus’ Mission to all of his Disciples:

How can YOU become more like your Patron Saint in your life now?

What Specific qualities or virtues will you integrate into or practice in your everyday life from this point forward?
